

Good Faith Estimate of Costs

Effective August 1, 2023

This information complies with the federal No Surprises Act. While the number of sessions required for you to meet your mental health goals cannot be predicted by your clinician because it varies so widely by diagnosis and many factors in each client's life, the costs per session are listed below. Client costs may also vary based on her/his insurance plan, annual deductible, and copays. Your clinician will be happy to discuss your treatment plan and financial matters with you at any time.

For Licensed Marriage & Family Therapists or Licensed Professional Counselors:

Initial session:	\$ 160 (insurance rate)
	\$ 140* (self-pay rate)
Subsequent sessions:	\$ 145 (insurance rate)
	\$ 125* (self-pay rate)
Missed appointments:	\$ 90 (payable prior to or at the next session)
Court appearances:	\$1,200 per day or any portion thereof

For Licensed Residents in Marriage and Family Therapy or Counseling:

Initial session:	\$ 50 facility fee paid to Hill City Counseling
Subsequent sessions:	\$ 50 facility fee paid to Hill City Counseling
Missed appointments:	\$ 50 (payable prior to or at the next session)

For Graduate Interns:

Initial session:	\$ 25 facility fee paid to Hill City Counseling
Subsequent sessions:	\$ 25 facility fee paid to Hill City Counseling
Missed appointments:	\$ 25 (payable prior to or at the next session)

The following methods for payment are accepted:

- **Cash** (exact change is helpful)
- **Check** (payable to Hill City Counseling)
- **Venmo** payment to @HillCityCC
- **Cash App** payment to \$HillCityCC
- **Zelle** payment to hillcitycounseling@gmail.com
- **Credit card** via Therapy Notes (available online, your card is stored for future charges)

* Since insurance filing and follow-up processing is not required for self-pay clients, they receive a "time of service" discount for therapy. Self-pay rates for pastors, missionaries, military, and first responders may receive an additional discount.